



MASC Newsletter

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December 2007-January 2008 Edition



MASC Advocacy Training A Success!

The Maryland Association of Senior Centers thanks Howard Bedlin, NCOA's Vice President for Public Policy; Mike Lachance Legislative Liaison of the Maryland Department of Aging; and Teresa Milio-Birge, MASC Lobbyist for their presentations at our November 29th Membership Meeting and Advocacy Training.

Howard Bedlin emphasized the efforts of NCOA to work with Congress to re-authorize the Older Americans Act and to increase funding for the OAA programs. NCOA working with their membership and other aging related organizations have created a goal to increase OAA funding by 10% a year to make up for the past years of level funding. The funding act before congress call for 4% increase, although not their goal it is a significant increase over the past several years. The President currently has vetoed the bill and Congress is looking for Republican votes to override the veto. If the veto is not overridden, we should expect another year of level funding.

Mike Lachance discussed the recent Special Legislative Session. The State Department of Aging has already taken a budget cut and is expecting more. Although the Legislature made great strides to meet the structural deficit there is still a shortage and no effort was made to close the gap in the structural deficit in service related programs. Mike also stressed that MASC needs to keep our voice active in Annapolis so additional funds to the elderly are not lost.

Teresa Milio-Birge discussed MASC's need to continue our efforts to become known by our legislators and to keep senior center issues before them. Teresa provided a survey to gain additional input from our network and will use the information to develop a strategy for this year's legislative session. She has also developed an outline for an Adopt-A-Legislator Program. We intend to implement this program in the very near future.

The MASC Executive Board thanks our guest for their insight into the issues and for helping us to better understand the efforts being made on behalf of the seniors in Maryland.

**EDWARD A. MYERBURG
SENIOR CENTER SPRING
CELEBRITY EVENT FUNDRAISER**

With Special Guest Speaker
Academy Award Winning
Actress

Olympia Dukakis

Baltimore Hebrew Congregation
7401 Park Heights Avenue
Baltimore Maryland
Thursday, June 26, 2008
7:00 p.m.

General Admission
Tickets: \$40.00

Patron Tickets: \$125.00

Tickets are available for
purchase in January 2008. For
more information or for ticket
information, please call the
Edward A. Myerberg Senior
Center at 410-358-6856.

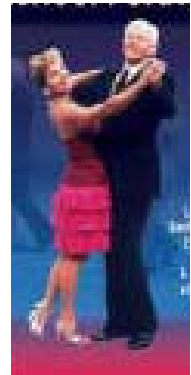


**Northern Senior Center, Charlotte Hall, MD St. Mary's County
submitted by MarieNoelle Lautieri**

Upcoming Events

Salsa Dance

Just a few more needed to complete a class on Salsa dancing!
Classes are lead by experienced instructor and entertainer,
Donna Jordan, and will run four sessions on Wednesdays
around 1:30 p.m. Approximate cost is \$25.00.
Curriculum includes Ladies' Styling (solo dancing focusing on
body isolations: hips, shoulders, torso, and neck, footwork
(shines, solo dance movements, 8-count choreography), and
musicality (using dance movements with music, working with
"energy" of music.) Possible partner dancing covered also.
Expressions of interest can be made to MarieNoelle at 301-475-4002 ext. 1002.



Crock Pot Soups & Sandwich

January 15 at 12:00 p.m.

Staff will prepare a lunch offering choices of homemade soups:



vegetable, cream of broccoli, and chili served with a
grilled cheese sandwich and dessert. This warm and
inviting lunch sets the mood for a 'Seniors and Staff
Snow Day'. Come hang out and enjoy sitting by the
fireplace watching a movie in your fuzzy and coziest
slippers. Games and other activities will fill the day,
with staff joining in the 'snowed in' scenario. A
special 'Spa Retreat' will be available in the
afternoon with warm drinks and fresh baked cookies.

Reserve your lunch by noon on January 10th by calling 301-475-4002 ext.

1005. The cost for lunch is by donation for seniors 60 and older; \$4 for individuals
under 60.

**Elkridge Senior Center, Howard County submitted by Jeanne Slater, Director
1-410-313-5192**

"BOWLING" ~ Monday, December 10th from 10:00-12:00 p.m.

\$3.00/game - We travel to Brunswick lanes in Columbia for a wonderful morning of bowling fun! Delicious FREE snacks will be provided. Lunch will be available for a small donation. Get out and get some exercise!

"FLU SHOT CLINIC" ~ Wednesday, December 12th from 10:00-1:30 p.m.

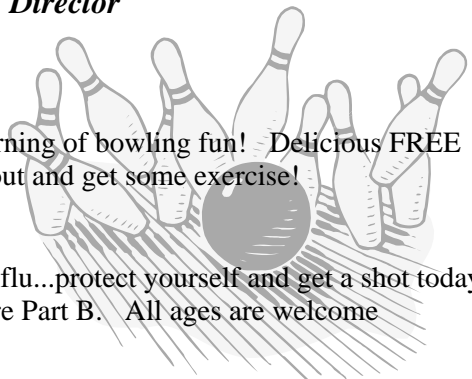
Yes, they are HERE today!!.....Flu Shots. Don't be in bed for days with the flu...protect yourself and get a shot today. Prices vary depending on Medicare Coverage. FREE for those with Medicare Part B. All ages are welcome

"HOLIDAY BINGO" ~ Monday, December 17th from 11:00-2:00 p.m.

10 cents per card or 6 for 30 cents - Celebrate the season in style with this special Holiday Bingo game. Win a nice prize to give to someone for the Holiday. Wonderful new prizes and delicious Holiday treats for everyone.

"BINGO BRUNCH" ~ Wednesday, December 19th from 9:00-12:00 p.m.

\$6.95/person - We travel to the Old County Buffet in Laurel for a delightful morning of bingo fun. Featuring a delicious hot buffet lunch.....all for just one low price of \$7.00.



Baltimore Area Woodcarving Show
March 29-30, 2008
Catonsville Senior Center
501 N. Rolling Road ~ Catonsville, MD 21228

Show hours are: Saturday, March 29th - 12:00 - 5:00 pm
Sunday, March 30th - 11:00 a.m. - 4:00 p.m.



Admission is \$3.00 and the public is invited to attend. The Baltimore County Department of Aging and Catonsville Senior Center Council sponsor this show. There will be carving demonstrations, student display tables, carving tools and supplies will be sold and area carvers will be selling their work. Food and beverages will be for sale and hourly door prizes are given.

There is no limit for entries at \$4.00 per item in advance. Entries at the door will be \$5.00 per item. Entry forms are available at all Baltimore County senior centers.

Awards will be in the following categories:

Animals ~ Birds of Prey ~ Canes and Walking Sticks ~ Caricatures ~ Carousel ~ Chip ~ Fish ~ Game Birds (Upland) ~ Human Figures ~ Materials Other Than Wood ~ Miniatures (Waterfowl, Birds, Animals, Misc.) ~ Mythological ~ Relief (Any Subject) ~ Shorebirds ~ Songbirds ~

Waterfowl ~ Wood burning (Animals, Birds, Portraits, Scenery) ~ Workshop Instructed Projects.

There will be a trophy awarded for Best of Show: \$75.00 for Best of Advanced, \$60.00 for Best of Intermediate ~ \$50.00 ~ for Best of Novice, and \$20.00 for Best of Youth.

The public will be able to vote for their favorite carving. The winner will be awarded \$60.00 for the People's Choice Award.

For further information call the Senior Center at 410-887-0900.

Senior Services and Community Transit of Cecil County will be moving to a new County Administration Bldg located at 200 Chesapeake Blvd. in Elkton, MD 21921 on December 7th. The Buckworth Center has closed and our new center, the ***Elkton Center***, will open on December 11th. We are looking forward to a new facility and new opportunities to better serve the seniors of Cecil County. Our telephone number will remain the same 1- 410-996-5295.



From Cecil County...

Senior Services and Community Transit has published their first annual calendar featuring active older adults from around the county. Selected were photographs of seniors working out in the center's fitness center, others at the YMCA swimming program, volunteers, a local artist, and several more shots of individuals enjoying life. "We are very excited about *The Heart of Cecil County* and plan to publish one each year", stated Linda Tull, Community Services Supervisor. "Our goal is to begin to change the general perception about seniors and aging".

Pictured below is the cover of the 2008 calendar.



Allegany County HRDC – December Schedule of Events

Cumberland Senior Center - Phone: 301-724-8626

3 rd	10:30 a.m.	HOLIDAY CRAFT
	11:00 a.m.	Prostrate Cancer Education
5 th	11:00 a.m.	Office of Home Energy Programs Visit
6 th	10:00 a.m.	Holiday Mini-Bake Sale and Bazaar
11 th	9:00 a.m.	Breakfast with Ellen
12 th	11:00 a.m.	Health Class: University of Maryland Presents
14 th	11:00 a.m.	Presentation by Blind Industries Rep.
	1:30 p.m.	Holiday Shopping Trip
17 th	11:00 a.m.	Health Topic: Stroke Prevention
18 th	11:30 a.m.	Childcare Holiday Visit
19 th	11:00 a.m.	Carol Sing-Along
31 st	11:00 a.m.	New Year's Eve Party

Frostburg Senior Center - Phone: 301-689-5510

3 rd	11:00 a.m.	Medications-Medicare-New Rules/ Information with Keith, Pharmacist
4 th	1-4:00 p.m.	Holiday Party with Dr. Hill's Class-Singing- Craft Making-Games and Prizes. A special event for all with FSU's students
6 th	11:30-4:00	Loretta's Christmas Card Party at the Princess.
10 th	11:00 a.m.	Oral Health with Leslie Stevens (ACHD)
11 th	11:30-2:30	FREE EYE SCREENING with Anwar - Meagan Stair
	1-3:00 p.m.	New Class with Carolyn Groves starts today "TATTING FOR QUILTERS"
17 th	10-12:00 Noon	"Osteoporosis" Screenings with Lisa Bohrer Pharmacare-Health and Nutrition.
18 th	1-3:00 p.m.	New Class with Carolyn Groves – 2 nd Class "Tatting for Quilters
19 th	Noon-?	Annual CHRISTMAS PARTY-Christmas Lunch-Santa- Caroling-Card Exchange, special treats and games.
21 st	6:00 p.m.	CHRISTMAS DINNER- Frostburg Senior Citizen's Club Dancing and Entertainment
24 th		MERRY CHRISTMAS!! CENTER CLOSED
25 th		MERRY CHRISTMAS!! CENTER CLOSED

Georges Creek Senior Center - Phone: 301-463-6215

4 th	11:00 a.m.	Breast Cancer Guest Speaker Kim Miltenberger.
5 th	9:30-11:00	Morning @ the Mall Last Minute Christmas Shopping
6 th	2 -5:00 p.m.	Dinner/Dance @Barton Fire Hall
11 th	9:30 a.m.	Hair, Nails & Facials
12 th	1 -3:00 p.m.	Wrap for Toys for Happiness
13 th	10:30-1:30	ANWAR-Free Vision Screenings
14 th		CRAFT Day - Christmas Gifts for Home Delivered Clients
18 th	1:00 p.m.	Bake Christmas Cookies
19 th	1:00 p.m.	Cookie Swap Party
24 th		CENTER CLOSED
25 th		CENTER CLOSED

For more information, please contact individual senior centers.

*Action in Maturity is
proud and looks forward
to celebrating their 35th
anniversary in 2008!!*

**HAPPY
NEW
YEAR**